## DANCE CLASS DESCRIPTIONS

- This class is design just for our tinvest littles with their parent or guardian. **TINY TWIRL & TUMBLE** AGES 18 - 26 MONTHS You will dance and tumble while having one on one time with your special little one. We will use props, balance bean and bars to work on large motor skills. We work on large motor skills and parent/guardian bonding through a relaxed but structured class. **TWIRLING TWOS** This class is an introductory dance class containing ballet and creative **2 YEAR OLDS** movement for ages 2. Young dancers will learn the basic steps, work on large motor skills while learning how to follow direction. The use of props such as "dancing bears", hula hoops and maracas, enables the young dancers to use their imagination, creativity and most of all have fun! A parent may need to assist their child in this class. **TWIRL STAR DANCE I** A basic introduction to dance, focusing on ballet. Your little ones will love to
- **TWIRL STAR DANCE I**A basic introduction to dance, focusing on ballet. Your little ones will love to<br/>plie, passe and eschappe' with props and themes. We inspire movement and<br/>creativity within a positive environment. Dancers will also learn basic steps<br/>and terminology. \*This class will have the opportunity to participate in our<br/>holiday and spring performances.
- **TWIRL STAR DANCE II** AGES 4 – 5 This is a continuation of the Twirl Stars Dance I class. Students that have taken the TSD I or new age 5 dancers may take this class. Instructors will instill a love of movement in your child, helping them express their emotions and ideas with confidence through ballet. \*This class will have the opportunity to participate in our holiday and spring performances.
- **MINI HIP HOP & JAZZ AGES 5 – 6** Merging styles from funk, street jazz, pop 'n rock, and even breakdance, this class is very similar to what you see in music videos. This class is inspired by today's latest music and hippest trends in dance. Age appropriate hip hop music and movement is used for each class. \*This class will have the opportunity to participate in our holiday and spring performances.
- MINI BALLET &TAPThis class is all about making music with your feet. Dancers will learn ballet<br/>steps and technique along with tap in each class. \*This class will have the<br/>opportunity to participate in our holiday and spring performances.
- **MINI BALLET & HIP HOP AGES 5 – 6** This class is for those high energy little ones that are always ready to show off their dance moves! It combines the basics of hip hop (only age appropriate movement and music - we promise!) with basic ballet steps.\*This class will have the opportunity to participate in our holiday and spring performances.



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- YOUTH LYRICAL<br/>AGES 7 10A classical combination of ballet and jazz, contemporary dance is all about<br/>telling a story through movement, emotions and passion. This class will give<br/>your child a creative outlet and help them connect their mind with the body.<br/>\*This class will have the opportunity to participate in our holiday and spring<br/>performances.
- YOUTH HIP HOP & JAZZ AGES 7 – 10 Merging styles from funk, street jazz, pop 'n rock, and even breakdance, this class is very similar to what you see in music videos. This class is inspired by today's latest music and hippest trends in dance. Age appropriate hip hop music and movement is used for each class. \*This class will have the opportunity to participate in our holiday and spring performances.
- **YOUTH BALLET & TAP** AGES 7 – 10 Dancers will have a awesome time in this class that is half tap and half classical ballet. \*This class will have the opportunity to participate in our holiday and spring performances.
- MIDDLE SCHOOL TAP<br/>AGES 7 14Tap dancing is one of the best ways to teach your child the importance of<br/>time, action and discipline in life. This class is all about making music with<br/>your feet in a timely and synchronized manner. We cover all the basics such<br/>as heel drops, shuffles, time steps, and more. \*This class will have the<br/>opportunity to participate in our holiday and spring performances.

MIDDLE SCHOOL BALLET & LYRICAL<br/>AGES 10 - 14Dancers will start with a ballet barre and moves into a lyrical<br/>combination. This class will give your child a creative outlet and help<br/>them connect their mind with the body. \*This class will have the<br/>opportunity to participate in our holiday and spring performances.

MIDDLE SCHOOL HIP HOP AGES 10 – 14 Merging styles from funk, street jazz, pop 'n rock, and even breakdance, this class is very similar to what you see in music videos. This class is inspired by today's latest music and hippest trends in dance. Age appropriate hip hop music and movement is used for each class. \*This class will have the opportunity to participate in our holiday and spring performances.

## DANCE CLASSES DO HAVE A DRESS CODE AND SPECIFIC SHOES THAT ARE NEEDED FOR CLASS. PLEASE SEE THE DRESS CODES ON THE DANCE PAGE.



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