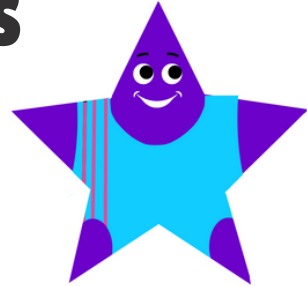
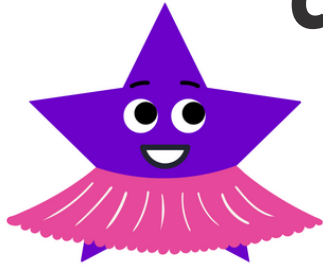


DANCE & TUMBLE COMBO CLASS DESCRIPTIONS



TINY TWIRL AND TUMBLE **18 – 28 MONTHS**

This class is design just for our tiniest littles with their parent or guardian. You will dance and tumble while having one on one time with your special little one. We will use props, balance bean and bars to work on large motor skills. We work on large motor skills and parent/guardian bonding through a relaxed but structured class.

TWIRL AND TUMBLE **AGES 3 – 4**

Give class give your child a chance to participate in both dance and gymnastics in one class. They will have half creative ballet based movement in our dance studio. They will then move into the gym for learning basic tumbling skills. *This class will have the opportunity to participate in our holiday and spring performances.

TWIRL AND TUMBLE **AGES 5 – 6**

Children learn ballet and jazz dance basis steps and terminology in this happy energetic class. The class is half dance in our studio and half beginning tumbling skills in our gym. Skills include rolls, cartwheels, headstands, round off. *This class will have the opportunity to participate in our holiday and spring performances.

JAZZ AND TUMBLE **AGES 7 – 9**

This fun class combines upbeat, stylized movement with proper technique. Jazz dance is based on ballet principles with each class consisting of a warm-up using isolated movements, across the floor progressions, and current choreography all set to age appropriate music. This class is half dance and half beginning tumbling skills. Skills include rolls, cartwheels, headstands, round off. *This class will have the opportunity to participate in our holiday and spring performances.

